

Tangeria R. Adams-Thuerck, Ph.D.

Licensed Clinical Psychologist (NY License# 025087 || MA License# PSY10000028)

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EDUCATION

- Ph.D., Clinical Psychology August 2021
Concentration in Developmental Psychopathology
University of Rochester, Rochester, NY
Dissertation Title: “Latent profiles of ecological risk and protective factors as predictors of subsequent child behavior problems and the mediating role of maternal sensitivity among low-income families”
Advisor: Sheree Toth, Ph.D.
- M.A., Psychology May 2018
University of Rochester, Rochester, NY
Master’s Thesis Title: “The prospective association among maternal depressive symptoms, parenting stress, and early child behavior problems”
Advisor: Sheree Toth, Ph.D.
- B.S., Psychology June 2014
City University of New York - Brooklyn College, Brooklyn, NY
Honor’s Thesis Title: “Social support buffers the impact of depressive symptoms on life satisfaction in old age”
Advisor: Laura Rabin, Ph.D.

AWARDS, HONORS, AND FELLOWSHIPS

- Helen & Vincent Nowlis Award for Excellence in Teaching, University of Rochester 2019
Department Graduate Student Travel Grant (awarded 3 times), University of Rochester 2016 – 2019
- The Society of Multivariate Experimental Psychology Underrepresented Student Workshop Travel Award, University of Maryland, College Park 2019
- Graduate Student Research Development Funds, University of Rochester 2019
- Emory L. Cowen Award for Outstanding Publication, University of Rochester 2018
- David T. Kearns Center Professional Development Diversity Travel Award, University of Rochester (awarded 2 times) 2017
- Provost’s Fellowship, University of Rochester 2015 – 2017
- The Association for Multidisciplinary Education and Research in Substance use and Addiction Best Research Abstract Award Semi-Finalist 2015
- Postbaccalaureate Research Experience Program Fellowship (NIH Grant 5R25GM104547), Albert Einstein College of Medicine 2014 – 2015
- Departmental Honors in Psychology Award, Brooklyn College 2014
- Minority Access to Research Careers Fellowship (NIH/NIGMS Grant GM008078), Brooklyn College 2012 – 2014
- Emily Lin Lee Laboratory Fund Award, Brooklyn College 2013
- St. Cyr, Constance Kennedy Scholarship, Brooklyn College 2013

CLINICAL EXPERIENCE

Independent Private Practice Owner October 2023 – Present

Adams-Thuerck Psychological Services, PC, Buffalo, NY

- Provide weekly individual psychotherapies (EMDR, CPT, ACT, ERP, etc.) to adults.
- Attend continuing education training for the treatment of anxiety conditions or OCD.
- Receive training and consultation in evidence-based therapies for trauma/PTSD.

Director of the Trauma Clinic September 2022 – September 2023

Genesee Valley Psychology, Rochester, NY

Trauma/PTSD Clinic

- Created and established a separate trauma/PTSD Clinic focused on providing short-term evidence-based trauma treatments to community-based adult clients.
- Trained staff clinicians in Cognitive Processing Therapy (CPT) for PTSD.
- Co-facilitated a weekly CPT consultation group for staff clinicians.
- Provided weekly supervision to a trauma-focused Postdoctoral Fellow.
- Provided weekly supervision to 2 pre-doctoral students learning CBT, supportive therapy, and ERP.
- Created a directory of trauma-focused training resources for staff clinicians.
- Created a directory of developmentally-appropriate trauma-focused psychoeducational resources for prospective child and adult clients in the community.

OCD & Trauma/PTSD Clinics

- Provided weekly individual, Intensive Outpatient, and group Exposure & Ritual Prevention (ERP) treatment to racially, financially, and gender diverse clients with OCD and comorbid mood, trauma, and anxiety conditions.
- Provided weekly individual Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) treatment to clients with PTSD and comorbid OCD.
- Completed psychological assessments for treatment planning and psychotherapy.

Outreach Team Member

September 2021 – September 2023

- Created and implemented pro bono mental health workshops on trauma and DBT skills for local agencies that service (1) underserved, at-risk, justice-involved youths and (2) community-based adults with limited access to therapy in the Rochester area.
- Collaborated with community-based partners to increase client access to free or low-cost evidence-based mental health services in the Western New York region.
- Provided supervision and mentorship support to a BIPOC undergraduate trainee.

Postdoctoral Fellow September 2021 – September 2022

Genesee Valley Psychology, Rochester, NY

OCD/Trauma Clinic

- Provided weekly individual, Intensive Outpatient, and group Exposure & Ritual Prevention (ERP) treatment to racially, financially, and gender diverse clients with OCD and comorbid mood, trauma, and anxiety conditions.
- Provided weekly individual Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) treatment to clients with PTSD and comorbid OCD.
- Completed comprehensive psychodiagnostics evaluations and consulted weekly with both an OCD-specific team and an interdisciplinary team to discuss case conceptualization and to inform treatment recommendations.

Psychology Intern

August 2020 – August 2021

Syracuse Veterans Affairs Medical Center, Syracuse, NY

PTSD Clinic

- Co-facilitated a weekly Dialectical Behavior Therapy (DBT) Skills training group for Veterans with PTSD and comorbid BPD, mood, or substance use disorders; co-facilitated a weekly Introduction to PTSD group for Veterans with PTSD.
- Provided individual CPT and PE treatment to Veterans with PTSD.

Outpatient Mental Health Clinic

- Conducted bi-weekly intake assessments for treatment planning and individual psychotherapy with Veterans presenting with various biopsychosocial concerns.
- Provided weekly individual psychotherapy to Veterans using CBT and ACT for depression, anxiety, and chronic pain, as well as DBT for Cluster B traits.

Assessment Clinic

- Conducted bi-weekly outpatient psychological assessments for differential diagnoses, treatment planning, bariatric surgeries, and organ transplants.
- Participated in weekly assessment case conferences to discuss case conceptualization and assessment selection.

Substance Use Treatment Clinic

- Co-facilitated two weekly substance use recovery groups for treatment-seeking and court-mandated Veterans with substance use disorders and comorbid psychiatric conditions.

Center for Integrated Healthcare Research Rotation

- Contributed to an existing research project by adding additional data, independently analyzing the data, and interpreting the results.
- Co-authored a manuscript (in prep) examining the implementation and efficacy of a PTSD psychoeducation group on subsequent PTSD treatment engagement among Veterans.

Clinical Psychology Extern

September 2019 – March 2020

University Counseling Center, University of Rochester, Rochester, NY

- Co-facilitated a weekly process-oriented group therapy for young adults of color focused on the intersection of their racial identity and their college experiences.
- Provided brief psychodynamic therapy to undergraduate and graduate students with anxiety, depression with suicidal ideation, and eating disorders.

Clinical Psychology Extern

University of Rochester Medical Center, Rochester, NY

Fetal Alcohol Spectrum Disorders (FASDs) Clinic

September 2019 – March 2020

- Administered child and parent-report neurocognitive measures to caregiver-child dyads for neurodevelopmental diagnostic determinations and treatment planning.
- Completed integrated reports with current data obtained from children, caregivers, schools, medical records, and past neuropsychological assessments.

FASDs Family Night

December 2015 – April 2017

- Facilitated a monthly social skills-building group for children with FASDs.

- Clinical Psychology Extern July 2016 – August 2019
Mt. Hope Family Center, University of Rochester, Rochester, NY
- Individual/dyadic treatments* September 2018 – August 2019
- Provided a variety of individual therapies (Interpersonal Therapy for Depression, Trauma-Focused CBT) and dyadic therapy (Child Parent Psychotherapy) services for both young children and court-mandated adult parents with extensive trauma histories.
 - Coordinated with community agencies (the Department of Human Services, Child Protective Services) and schools to ensure legal and socioeconomic support was provided to children and parents.
 - Supported parents in obtaining community resources for the care of the family.
- Group treatments* July – August 2016/2017 & May 2019 – July 2019
- Co-facilitated various evidence-based psychotherapy groups for young children, adolescents, and adults with trauma histories, including the Promoting Alternative Thinking Strategies (PATHS) Program and the Incredible Years Parenting Program.
 - Helped group members build positive, developmentally-appropriate emotion regulation and interpersonal-effectiveness skills.

- Clinical Psychology Extern September 2017 – June 2019
Canandaigua Veterans Affairs Medical Center, Canandaigua, NY
- Community Living Center Neuropsychological Evaluations* September 2018 – June 2019
- Administered neurocognitive assessments to geriatric inpatient Veterans with neurodegenerative disorders for capacity evaluation and to inform treatment planning.
- Domiciliary Residential Rehabilitation* September 2017 – June 2018
- Co-facilitated several psychotherapy groups, including CBT for depression, and a discharge group for cross-era, male and female Veterans with substance use disorders and other comorbid conditions residing on the Domiciliary Unit.
 - Provided short-term individual CBT for Veterans with depression, anxiety, and substance use disorders residing on the Domiciliary Unit.
 - Administered assessments, such as the Minnesota Multiphasic Personality Inventory – 2 and the restructured form (MMPI-2-RF) for treatment planning with Veterans.

- Clinical Psychology Extern August 2016 – May 2017
University Counseling Center, University of Rochester, Rochester, NY
- Provided year-long individual psychodynamic therapy to undergraduate and graduate students with depressive symptoms, anxiety, adjustment issues, and eating disorders.

RESEARCH EXPERIENCE

- Graduate Researcher August 2015 – 2021
Parental Psychopathology and Infant Development Study
Mt. Hope Family Center, University of Rochester, Rochester, NY
Principal Investigators: Dante Cicchetti, Ph.D., Sheree Toth, Ph.D., & Fred Rogosch, Ph.D.

- Dissertation Project* (2019 – 2021, defended 8/21/20)
- Analyzed data from a NIMH-funded longitudinal RCT examining the efficacy of Interpersonal Psychotherapy (IPT) for treating maternal depression among low-income, racially diverse, depressed mothers with young infants.

RESEARCH EXPERIENCE (continued)

Graduate Researcher (continued) August 2015 – 2021

Parental Psychopathology and Infant Development Study

Mt. Hope Family Center, University of Rochester, Rochester, NY

Principal Investigators: Dante Cicchetti, Ph.D., Sheree Toth, Ph.D., & Fred Rogosch, Ph.D.

Dissertation Project (2019 – 2021, defended 8/21/20)

- Examined distinct typologies of low-income families based on ecological risk factors, the differential influence of the typologies on subsequent child behavior problems and the role of maternal sensitivity as a mediating mechanism on this association.
- Conducted mixture modelling on ecological factors at the level of the family (e.g., parental trauma history) and at the neighborhood level (e.g., crime rates).
- Conducted longitudinal latent profile mediation analyses.

Master's Thesis (2016 – 2017)

- Analyzed data from the above study and longitudinally investigated the transactional effects of maternal depression and child behavior problems, mediated by parenting stress.

Graduate Student Research Assistant August 2015 – August 2018

Interpersonal Psychotherapy for Teens Study

Mt. Hope Family Center, University of Rochester, Rochester, NY

Principal Investigators: Sheree Toth, Ph.D. & Dante Cicchetti, Ph.D.

- Conducted diagnostic clinical interviews (the Kiddie Schedule for Affective Disorders and Schizophrenia for Children, Present and Lifetime; K-SADS-PL) with adolescent girls and their mothers as part of a NIMH-funded RCT examining the efficacy of IPT for treating depression in maltreated and nonmaltreated adolescents.
- Completed risk assessments and Safety Plans with suicidal participants.

Project Coordinator June 2014 – July 2015

Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, NY

Principal Investigator: Shadi Nahvi, M.D., M.S.

Project I: In an RCT, investigated the efficacy of a modified directly observed tobacco-cessation intervention versus self-administered treatment for methadone-maintained smokers enrolled in outpatient opioid-treatment programs.

- Assessed participants for past and present suicidal ideation and attempts using the Columbia-Suicide Severity Rating Scale (C-SSRS).
- Determined current depressive and manic episodes using the Mini-International Neuropsychiatric Interview (MINI) Version 6.0.

Project II: Co-developed a pilot study to examine the impact of smoking-cessation medication versus treatment-as-usual in a sample of marijuana-dependent participants in an outpatient drug treatment facility.

- Measured substance use, abuse, and dependence with the MINI.
- Assessed for marijuana craving and withdrawal with the Marijuana Craving Questionnaire and the Marijuana Withdrawal Checklist.
- Screened participants for suicidal intent and ideation and mood disorders using the C-SSRS and the MINI.

RESEARCH EXPERIENCE (continued)

Undergraduate Research Assistant August 2012 – May 2014
City University of New York - Brooklyn College, Brooklyn, NY
Principal Investigator: Laura Rabin, Ph.D.

- Administered neuropsychological battery subtests, such as the MMSE, the (BRIEF-A), and Digit Span: Forward and Backward from the WAIS-IV, to older adults.

Undergraduate Research Assistant June 2013 – August 2013
Dartmouth College, Hanover, NH
Principal Investigator: David Bucci, Ph.D.

- Conducted a replication study on the effects of physical exercise on social and attentional deficits in a rat model of ADHD.
- Conducted a study examining the effects of development and prelimbic lesions on acquisition and expression of inhibitory behavior in a rat model.

PEER-REVIEWED PUBLICATIONS & BOOK CHAPTER AUTHORSHIP

- Kautz-Turnbull, C., **Adams, T. R.**, & Petrenko, C. L. (2022). The strengths and positive influences of children with fetal alcohol spectrum disorders. *American Journal on Intellectual and Developmental Disabilities*, 127, 355-368.
- Adams, T. R.**, Handley, E. D., Warmingham, J. M., Manly, J. T., Cicchetti, D., & Toth, S. L. (2021). Patterns of dating violence moderate the effect of child maltreatment on suicide risk among socioeconomically disadvantaged depressed minority adolescents. *Journal of Family Violence*, 36, 5-16.
- Nahvi, S., **Adams, T. R.**, Ning, Y., Zhang, C., & Arnsten, J. H. (2021). Directly observed varenicline therapy improves adherence among methadone maintained smokers in a randomized trial. *Addiction*, 116, 902-913.
- Toth, S. L., Handley, E. D., Todd Manly, J., Sturm, R., **Adams, T. R.**, Demeusy, E. M., & Cicchetti, D. (2020). The moderating role of child maltreatment on treatment efficacy for adolescent depression. *Journal of Abnormal Child Psychology*, 48, 1351-1365.
- Adams, T.**, Tunno, A., Goldston, D., & Leskin, G. (2020). Understanding youth substance use: For military parents and caregivers. Los Angeles, CA, and Durham, NC: National Center for Child Traumatic Stress.
- Tunno, A. M., Goldston, D., **Adams, T.**, & Leskin, G. (2020). Understanding child suicide: For military parents. Los Angeles, CA, and Durham, NC: National Center for Child Traumatic Stress.
- Adams, T. R.**, Handley, E. D., Manly, J. T., Cicchetti, D., & Toth, S. L. (2019). Intimate partner violence as a mechanism underlying the intergenerational transmission of maltreatment among economically disadvantaged mothers and their adolescent daughters. *Development and Psychopathology*, 31, 83-93.
- Sturge-Apple, M. L., Toth, S. L., Suor, J. H., & **Adams, T. R.** (2019). Parental maltreatment. In M. H. Bornstein (Ed.), *Handbook of parenting: Volume 4. Social conditions and applied parenting* (3rd ed.) New York, NY: Taylor & Francis.
- Handley, E. D., **Adams, T. R.**, Manly, J. T., Cicchetti, D., & Toth, S. L. (2019). Mother-daughter interpersonal processes underlying the association between child maltreatment and adolescent suicide ideation. *Suicide and Life-Threatening Behavior*, 49, 1232-1240.

**PEER-REVIEWED PUBLICATIONS & BOOK CHAPTER AUTHORSHIP
(continued)**

- Adams, T. R.**, Arnsten, J. H., Ning, Y., & Nahvi, S. (2018). Feasibility and preliminary effects of varenicline for treating co-occurring cannabis and tobacco use. *Journal of Psychoactive Drugs*, 50, 12-18.
- Da Silva, V. G., **Adams, T. R.**, Fogel, J., Katz, M. J., Lipton, R. B., & Rabin, L. A. (2017). Frequently endorsed cognitive and physical activities among non-demented community-dwelling older adults. *Baltic Journal of Health and Physical Activity*, 9, 7-19.
- Adams, T. R.**, Rabin, L. A., Da Silva, V. G., Katz, M. J., Fogel, J., & Lipton, R. B. (2016). Social support buffers the impact of depressive symptoms on life satisfaction in old age. *Clinical Gerontologist*, 39, 139-157.
- Kautz-Turnbull, C., **Adams, T.**, & Petrenko, C.L.M (in press). The strengths and positive influences of children with Fetal Alcohol Spectrum Disorders. *American Journal on Intellectual and Developmental Disabilities*.

CONFERENCE PRESENTATIONS

- De Vita, M. J., **Adams, T. R.**, Moskal, D., Milk, K., Steiger, S., Higham, J., Tubbs, C., Bernard, R. & Possemato, K. (2021, October). *Program evaluation of a PTSD psychoeducation group for Veterans considering treatment services in a VA specialty PTSD clinic*. Poster presented at the 2021 San Antonio Virtual Combat PTSD Conference, San Antonio, TX, USA.
- Adams, T. R.**, Tunno, A., Goldston, D., McElhenny, A. & Leskin, G. (2020, December). *New product roll out: factsheets on trauma, suicide, and substance use in military-connected youth*. Talk presented at the National Child Traumatic Stress Network Connects: New Product Roll Out virtual meeting.
- Adams, T. R.**, Handley, E. D., Warmingham, J. M., Todd Manly, J., Cicchetti, D., & Toth, S. L. (2019, August). *Dating violence typologies moderate the effect of child maltreatment on suicide risk among low-income depressed minority adolescents*. Talk presented at the 2019 Annual Translational Research that Adapts New Science for Maltreatment Prevention (TRANSFORM) Meeting, Minneapolis, MN.
- Adams, T. R.** (2019, July). *Substance use in military-connected youths*. Talk presented as part of a symposium titled Identifying Risk and Promoting Protective Factors for Military Youths at the 2019 Military Child Education Coalition, Washington, DC.
- Adams, T. R.**, Handley, E. D., Warmingham, J. M., Manly, J. T., Cicchetti, D., & Toth, S. L. (2019, November). *Adolescent dating violence typologies moderate the effect of child maltreatment on suicidality among low-income depressed minority adolescents*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
- Adams, T. R.**, Handley, E. D., Warmingham, J. M., Manly, J. T., Cicchetti, D., & Toth, S. L. (2019, September). *Patterns of dating violence moderate the effect of child maltreatment on suicide risk among socioeconomically disadvantaged depressed minority adolescents*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Buffalo, NY.
- Adams, T. R.**, Handley, E. D., Rogosch, F., Cicchetti, D., Toth, S. L. (2018, November). *Transactional effects of maternal depressive symptoms, behavioral difficulties in early childhood, and the mediating role of parenting stress*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Washington, DC.

CONFERENCE PRESENTATIONS (continued)

- Warmingham, J., **Adams, T.**, Alto, M., Petrenko, C., & Todd Manly, J. (2018, September). *Maternal alcohol and other substance use during conception and pregnancy: A latent class analysis approach*. Poster presented at the International Society for Biomedical Research on Alcoholism, Kyoto, Japan.
- Petrenko, C., Warmingham, J., Alto, M., **Adams, T.**, & Todd Manly, J. (2018, September). Prenatal exposure to alcohol and other substances increases the risk of child maltreatment and its effects on adolescent behavior. Poster presented at the International Society for Biomedical Research on Alcoholism, Kyoto, Japan.
- Handley, E. D., Manly, J. T., Cicchetti, D., **Adams, T.**, & Toth, S. (2017, November). *Disentangling the interpersonal processes of adolescent suicide risk associated with child maltreatment*. Poster presented at the International Association for Suicide Research, Las Vegas, NV.
- Adams, T. R.**, Arnsten, J. H., Ning, Y., & Nahvi, S. (2016, March). *Pilot study of feasibility and preliminary effectiveness of varenicline for co-occurring tobacco and cannabis use*. Poster presented at the 2016 Society for Research on Nicotine and Tobacco 22nd Annual Meeting, Chicago, IL.
- Adams, T. R.**, Segal, K. S., Ning, Y., Arnsten, J. H. & Nahvi, S. (2015, April). *Varenicline adherence, tobacco cessation, and marijuana use among opioid-dependent smokers*. Poster presented at the 4th Annual PREP Regional Symposium, Bronx, NY.
- Nahvi, S., **Adams, T. R.**, Segal, K. S., Ning, Y., & Arnsten, J. H. (2015, February). *Directly observed varenicline therapy improves adherence but not cessation rates among methadone-maintained smokers*. Poster presented at the 2015 Society for Research on Nicotine and Tobacco 21st Annual Meeting, Philadelphia, PA.
- Walder, D. J., Schell, J., Rabin, L. A., Ospina, L. H., **Adams, T. R.**, & Chi, S. Y. (2014, August). *Neuro-ethics training: A critical component of an intensive mentored research experience for undergraduates in neuroscience*. Poster presented at the 6th Annual Conference of Psychology Education, Flagstaff, AZ.
- Rabin, L. A., Walder, D. J., Ospina, L., Flynn, J. K., Chi, S. Y., & **Adams, T. R.** (2014, June). *Improving undergraduate students' knowledge of neuroscience principles and research methods through structured didactics that complement mentored research training*. Poster presented at the 23rd Annual Meeting of the International Behavioral Neuroscience Society, Las Vegas, NV.
- Ryu, H., **Adams, T. R.**, & Rabin, L. (2014, May). *Psychometric properties of a clinical prospective memory task: Reliability of the Royal Prince Alfred Test in a community dwelling sample of older adults*. Poster presented at the 2014 Annual Brooklyn College Science Research Day, Brooklyn, NY.
- Adams, T. R.**, Meyer, H., & Bucci, D. (2014, May). *Learning to inhibit behavior: The role of the prefrontal cortex*. Poster presented at the 2014 Annual Brooklyn College Science Research Day, Brooklyn, NY.
- Adams, T. R.**, Robinson, A., & Bucci, D. (2013, November). *The effects of physical exercise duration on social and attentional impairments in a rat model of ADHD*. Poster presented at the 2013 Annual Biomedical Research Conference for Minority Students (ABRCMS), Nashville, TN.
- Adams, T. R.**, Robinson, A., & Bucci, D. (2013, August). *The effects of physical exercise duration on social and attentional impairments in a rat model of ADHD*. Poster presented at the New Hampshire Network of Biomedical Research Excellence (NH INBRE), Hanover, NH.
- Adams, T. R.**, Robinson, A., & Bucci, D. (2013, July). *The effects of physical exercise duration on social and attentional impairments in a rat model of ADHD*. Poster presented at The Leadership Alliance National Symposium, Hartford, CT.

TEACHING EXPERIENCE

<i>Guest Lecturer</i> Professional Ethics and Standards of Practice, Roberts Wesleyan University	Fall 2023
<i>Guest Lecturer</i> Abnormal Psychology, University of Utah, Asia Campus	Spring 2022
<i>Guest Lecturer</i> Theories of Personality and Psychotherapy, University of Rochester	Summer 2021
<i>Graduate Writing Consultant</i> Writing, Speaking, and Argument Program, University of Rochester	2018 – 2020
<i>Graduate Teaching Assistant</i> Social and Emotional Development, University of Rochester	Fall 2019
<i>Guest Lecturer</i> Psychology of Parenting, University of Rochester	Spring 2019
<i>Ad Hoc Graduate Teaching Assistant</i> Industrial and Organizational Psychology, University of Rochester	Spring 2019
<i>Instructor of Record</i> Abnormal Psychology, University of Rochester	Summer 2018 & 2019
<i>Instructor of Record</i> GRE Verbal Preparation for McNair Scholars, University of Rochester	Summer 2018
<i>Workshop Instructor</i> Early Connection Opportunity: Mathematics for the Social Sciences, University of Rochester	Summer 2018
<i>Graduate Teaching Assistant</i> Industrial and Organizational Psychology, University of Rochester	Spring 2018
<i>Graduate Teaching Assistant</i> Theories of Personality and Psychotherapy, University of Rochester	Fall 2017

JOURNAL AD HOC REVIEWER

Child Maltreatment
Development and Psychopathology
Health and Quality of Life Outcomes
Computers in Human Behavior
Clinical Interventions in Aging
JAMA Neurology

SPECIALIZED CLINICAL TRAININGS

- Eye Movement Desensitization and Reprocessing (EMDR)* January – April 2024
Ricky Greenwald, Psy.D.
Trauma Institute and Child Trauma Institute
- Exposure and Ritual/Response Prevention (ERP)* September 2021
Lauren Wadsworth, Ph.D.
Genesee Valley Psychology
- Cognitive Processing Therapy (CPT) - Provider Status July 2021
- Cognitive Processing Therapy (CPT) consultation group* November 2020 – July 2021
Cognitive Processing Therapy (CPT) October 2020
Jane Higham, Ph.D.
Syracuse Veterans Affairs Medical Center
- Prolonged Exposure (PE) for PTSD* November 2020
Jane Higham, Ph.D.
Syracuse Veterans Affairs Medical Center
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)* August 2018
Primary and Secondary Control Enhancement Training (PASCET)
Coping Cat: Cognitive Behavioral Therapy for Anxious Children
Jody Todd Manly, Ph.D.
Mt. Hope Family Center, University of Rochester
- Child Parent Psychotherapy (CPP)* August 2018
Jody Todd Manly, Ph.D., Alisa Hathaway, Ed.D., LCSW-R, & Robin Sturm, Ed.D.
Mt. Hope Family Center, University of Rochester
- Motivational Interviewing (MI)* August 2018
Christie Petrenko, Ph.D.
University of Rochester Medical Center
- Interpersonal Psychotherapy (IPT)* April 2016
Robin Sturm, Ed.D.
Mt. Hope Family Center, University of Rochester
- Latent Class/Cluster Analysis and Mixture Modeling (5-day workshop)* June 2019
Dan Bauer, Ph.D. and Doug Steinley, Ph.D.
University of North Carolina, Chapel Hill
- Structural Equation Modeling II* January 2017 – May 2017
Beau Abar, Ph.D.
University of Rochester
- Structural Equation Modeling I* August 2016 – December 2016
Elizabeth Handley, Ph.D.
University of Rochester

PROFESSIONAL AFFILIATIONS & LEADERSHIP ROLES

American Psychological Association	2023 – Present
Psychological Association of Western New York (PAWNY)	2023 – Present
Genesee Valley Psychological Association (GVPA)	2023 – Present
American Psychological Association, Division 56 (Trauma Psychology)	2022 – 2023
Translational Research that Adapts New Science for Maltreatment Prevention (TRANSFORM), Internal Advisory Board Member	2019 – Present
Psi Chi: The International Honor Society in Psychology, Member	2013 – Present
International Society for Traumatic Stress Studies, Student Member	2019 – 2020
Society for Research in Psychopathology, Associate Member	2019 – 2020
Association for Behavioral and Cognitive Therapies, Student Member	2018 – 2020
Association for the Psychological Sciences, Student Member	2018 – 2020
The National Child Traumatic Stress Network, Production and Writing Team Member	2018 – 2020

OTHER PROFESSIONAL ACTIVITIES

Invited Speaker September 2022
Quell Foundation Alumni Didactic Series

Graduate Student Representative August 2018 – August 2019
Department of Psychology
University of Rochester, Rochester, NY

Invited Graduate Panelist May 2018
Postbaccalaureate Research Education Program,
Albert Einstein College of Medicine, Bronx, NY

Secretary December 2015 – January 2018
Graduate Students of Color (GSOC) Organization
University of Rochester, Rochester, NY

REFERENCES

Available upon request.